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**Ginger and its oleoresins — Determination  
of the main pungent components (gingerols  
and shogaols) — Method using high-  
performance liquid chromatography**

*Gingembre et oléorésines de gingembre — Dosage des principaux  
composés piquants (gingérols et shogaols) — Méthode par  
chromatographie en phase liquide à haute performance*



Reference number  
ISO 13685:1997(E)

## Foreword

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Draft International Standards adopted by the technical committees are circulated to the member bodies for voting. Publication as an International Standard requires approval by at least 75 % of the member bodies casting a vote.

International Standard ISO 13685 was prepared by Technical Committee ISO/TC 34, *Agricultural food products*, Subcommittee SC 7, *Spices and condiments*.

Annexes A to E of this International Standard are for information only.

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## Introduction

This method, initially based on Wood's publications [Overseas Development Natural Resources Institutes (ODNRI)], enables one to know without any ambiguity the identity of the peaks obtained by HPLC, for the quality control of ginger extracts. It is particularly useful in this case as the pungent compounds of interest are very sensitive to heat.

The method has been validated by two international interlaboratory tests carried out by seven laboratories.

After examination of the results, it is estimated that the method may be considered as the best that can be achieved for the moment but it could be improved, in particular for the precision data.

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# Ginger and its oleoresins — Determination of the main pungent components (gingerols and shogaols) — Method using high-performance liquid chromatography

## 1 Scope

This International Standard describes a method for the determination of gingerols [6]-G, [8]-G and [10]-G and the corresponding shogaols [6]-S, [8]-S and [10]-S in dried ginger or in oleoresins of ginger, by high-performance liquid chromatography (HPLC) in the reverse phase.

NOTE - Chemical structures of gingerols and shogaols are shown in annex A.

## 2 Normative references

The following standards contain provisions which, through reference in this text, constitute provisions of this International Standard. At the time of the publication, the editions indicated were valid. All standards are subject to revision, and parties to agreements based on the International Standard are encouraged to investigate the possibility of applying the most recent editions of the standards indicated below. Members of IEC and ISO maintain registers of currently valid International Standards.

ISO 939:1980, *Spices and condiments - Determination of moisture content - Entrainment method.*

ISO 2825:1981, *Spices and condiments - Preparation of a ground sample for analysis.*

## 3 Principle

From ground and dried ginger, extraction of the pungent components by methanol at atmospheric temperature and concentration at reduced pressure of part of the extract. The oleoresins are dissolved in the methanol.

The resulting solutions are analysed directly (without any cleaning) by reverse-phase HPLC on a column filled with octadecylsilyl silica, with a mixture of acetonitrile and aqueous acetic acid as the mobile phase and by UV detection at 280 nm.

Quantification is carried out using an external standard, nonanoic acid vanillylamide, which has a retention time comparable to that of gingerol-[6] (and a similar UV absorption spectrum).

## 4 Reagents and products

Use only reagents of recognized analytical grade, unless otherwise specified, and water of HPLC grade.

**4.1 External standard: Nonanoic acid vanillylamide (NVA)**, with melting point between 42 °C and 44 °C and giving primarily a unique peak (at least 98 % of the total area of the peak between 3 min and 8 min) when analysed by HPLC under the conditions described in this International Standard.

**WARNING: Nonanoic acid vanillylamide is a product which can cause irritation.**

NOTE — NVA is also known as nonyl vanillylamide or pelargonic acid vanillylamide.

## 4.2 Solvents

**WARNING: Acetonitrile is a toxic product which must be used with caution. Studies are underway to replace it by another product.**

**4.2.1 Methanol**, HPLC grade, for preparation of the NVA standard.

**4.2.2 Methanol**, analytical grade, for dilution and extraction of the test samples.

**4.2.3 Acetonitrile**, HPLC grade.

**4.2.4 Glacial acetic acid.**

## 5 Apparatus

Usual laboratory equipment and, in particular, the following.

### 5.1 Chromatograph

Apparatus equipped for HPLC analysis:

- an injection system capable of delivering portions of 20 µl of the sample solution with considerable precision;
- an ultraviolet (UV) detector measuring absorbance at a wavelength of 280 nm;
- a recorder/integrator capable of precisely measuring the area of the peaks with appropriate baseline corrections, with a sensitivity of 0,25 to 0,5 a.u.f.s.

**5.2 Stainless-steel column**, of 250 mm length and 4,6 mm diameter (or of comparable dimensions) filled with type C<sub>18</sub> stationary phase with particles of 5 µm.<sup>1)</sup>

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<sup>1)</sup> ODS, distributed by Phase Separations Ltd., UK, is an example of a suitable product available commercially. This information is given for the convenience of users of International Standard and does not constitute an endorsement by ISO of this product.

**5.3 Rotary vacuum evaporator**, fitted with a thermostatically controlled water bath.

**5.4 Vacuum filtration apparatus**

**5.5 FH-type Millipore filters<sup>2)</sup>**, with 0,5 µm pores, for organic solvents.

**5.6 HA-type Millipore filters<sup>2)</sup>**, with 0,45 µm pores, for aqueous solvents.

**5.7 Pipettes**, with two marks, class A, of capacity 20 ml.

**5.8 Pasteur pipette**

**5.9 Volumetric flasks**, of 5 ml, 25 ml and 100 ml capacities.

**5.10 Round-bottom flask**, of 100 ml capacity.

**5.11 Analytical balance**, capable of weighing to the nearest ± 0,001 g.

## **6 Preparation of test sample**

### **6.1 Dried ginger**

Unless it is already in fine powder form, the dry ginger shall be ground as described in ISO 2825, to allow it to pass through a sieve of 1 mm aperture.

The moisture content of the ground product shall be determined in accordance with ISO 939.

### **6.2 Oleoresins in ginger**

Stir well and homogenize the oleoresin before taking test samples.

## **7 Procedure**

### **7.1 Preparation of standard solutions of NVA**

Weigh, to the nearest 0,001 g, 0,1 g of NVA (4.1) and dissolve in methanol (4.2.1). Dilute the solution to 100 ml. Preserve this solution (about 1,0 mg/ml) at –10 °C and when required, prepare the standard solutions (about 0,2 mg/ml and 0,4 mg/ml) by diluting the initial solution (5 ml and 10 ml, respectively, diluted to 25 ml) with methanol (4.2.1). Note the exact concentrations.

### **7.2 Preparation of sample solutions of NVA**

#### **7.2.1 Dried ginger**

In a 100 ml volumetric flask (5.9), weigh to the nearest 0,001 g, 1 g of ground ginger. Dilute to the mark with methanol (4.2.2). Plug the flask and shake it vigorously. After 2 h, again shake it vigorously, and then leave it to rest for at least 12 h. With the help of a pipette (5.7) and without

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<sup>2)</sup> Millipore filters are examples of suitable products available commercially. This information is given for the convenience of users of International Standard and does not constitute an endorsement by ISO of these products.

touching the deposit at the bottom of the flask, take an aliquot of 20,0 ml of the solution floating on the surface. Place it in a 100 ml round-bottom flask (5.10) and reduce the volume of the solvent to about 2 ml using the rotary vacuum evaporator (5.3). The temperature of the water bath should not exceed 40 °C.

Using a Pasteur pipette (5.8), transfer the concentrated solution and the rinsing methanol into a 5 ml volumetric flask (5.9) and dilute to the mark with methanol (4.2.2). Close the flask and shake it vigorously. Keep the two extracts (the non-concentrated (original) one and the concentrated one) aside for HPLC analysis.

For each sample, prepare these extracts in double and note the exact concentrations in milligrams per millilitre.

### 7.2.2 Ginger oleoresins

Weigh, to the nearest 0,001 g, 0,5 g of oleoresin into a 100 ml volumetric flask (5.9) and note the exact mass. Dilute to the mark with methanol (4.2.2), close and shake vigorously. For each oleoresin sample, prepare these solutions in double and note the exact concentrations in milligrams per millilitre.

## 7.3 Chromatography

**7.3.1 Mobile phase** [acetonitrile with water containing 1 % acetic acid (65:35 before degasification)]

By means of the vacuum filtration apparatus (5.4) pass 520 ml of acetonitrile (4.2.3) through an FH type Millipore filter (5.5). Mix water and glacial acetic acid (4.2.4) in the proportions 99:1 (V/V) and pass 280 ml of this mixture through an HA type Millipore filter (5.6) into the filtered solution of acetonitrile. Regasify the mixture by keeping it under reduced pressure (about 0,3 bar) and with magnetic agitation for 5 min or by any other suitable means. Transfer the mobile phase to the reservoir of the chromatograph and establish a flowrate of 1,0 ml/min.

### 7.3.2 Determination of the response factors

Regulate the recorder/integrator (5.1) to prevent integration until the disturbances of the baseline due to the passage of the injection solvent through the detector have stopped (generally about 3 min from the time of injection). Adjust the detector and/or the recorder to an appropriate sensitivity. Repeat the injections of 20 µl of each of the standard solutions of NVA (7.1), leaving for each chromatogram a running time equal to the retention time of NVA (generally 4 min to 5 min) plus 4 min. Inject each standard solution at least three times.

Note the area of the NVA peak for each chromatogram and calculate the mean value for each concentration of NVA (about 0,2 mg/ml and 0,4 mg/ml). Calculate the response factor for the NVA as follows :

$$K_{NVA} = \frac{C_{NVA} \times 100}{A_{NVA}} \text{ mg / 100 ml / unit area}^{3)}$$

where

$C_{NVA}$  is the concentration of NVA, in milligrams per millilitre;  
 $A_{NVA}$  is the mean area of the peak of NVA at that concentration.

3) Unit in relation with the integrator used. This arbitrary unit is eliminated during calculation.



For a linear response, the values of  $K_{NVA}$  calculated for the two concentrations must not differ by more than 2 %.

See the standard curve in annex C.

Next, calculate the values of  $K$  for each gingerol and shogaol as indicated below:

- for gingerol-[6]

$$\begin{aligned} K_{[6]-G} &= K_{NVA} \times \frac{294,38}{293,41} \\ &= K_{NVA} \times 1,003 \text{ mg/100 ml/unit area} \end{aligned}$$

where 294,38 is the molecular mass of gingerol-[6] and 293,41 is the molecular mass of NVA.

In the same way,

$$K_{[8]-G} = K_{NVA} \times 1,099 \text{ mg/100 ml/unit area}$$

$$K_{[10]-G} = K_{NVA} \times 1,194 \text{ mg/100 ml/unit area}$$

$$K_{[6]-S} = K_{NVA} \times 0,942 \text{ mg/100 ml/unit area}$$

$$K_{[8]-S} = K_{NVA} \times 0,942 \text{ mg/100 ml/unit area}$$

$$K_{[10]-S} = K_{NVA} \times 1,133 \text{ mg/100 ml/unit area}$$

### 7.3.3 Analysis of sample solutions

#### 7.3.3.1 Dried ginger

Inject each concentration extract prepared in 7.2.1 using the same instrumental adjustments as in 7.3.2 but keeping a longer running time of about 17 min. Record the peak areas corresponding to [6]-G, [8]-G, [6]-S and [10]-G, given in the order of retention times. (See annex D for a typical chromatogram.)

Compounds [8]-S and [10]-S are rarely found in significant quantities in dried ginger and the peak of [6]-G, with a retention time close to that of NVA, is normally the highest in the chromatogram.

For a sample whose concentrated extract gives a peak area for [6]-G greater than that of NVA in the 0,4 mg/ml standard, inject the non-concentrated extract from 7.2.1 and use the resulting chromatogram for the determination of [6]-G.

#### 7.3.3.2 Ginger oleoresins

Inject each solution of the oleoresin prepared in 7.2.2 using the same instrumental adjustment as in 7.3.2 but keeping a longer running time of about 40 min. Record the peak areas corresponding to [6]-G, [8]-G, [6]-S and [10]-G, [8]-S and [10]-S, given in the order of retention times. (See annex D for a typical chromatogram.)

The peaks of [6]-G and [6]-S are normally the highest in the chromatogram and the retention time of [6]-G is close to that of NVA.

For a sample giving a peak area of [6]-G greater than that of NVA in the 0,4 mg/ml standard, prepare and inject an appropriate dilution and use the resulting chromatogram for the determination of [6]-G.

## 8 Expression of results

Calculate the concentration of each gingerol or shogaol in the sample of dried ginger or oleoresin, as illustrated below for gingerol-[6]. Content of [6]-G in the sample is:

$$\frac{A_{[6]-G} \times K_{[6]-G}}{c} \% (m/m)$$

where

$A_{[6]-G}$  is the area of the peak of [6]-G in the chromatogram of the sample (determined in 7.3.3);

$K_{[6]-G}$  is the response factor (determined in 7.3.2) for [6]-G, expressed in mg/100 ml/unit area;

$c$  is the concentration of dried ginger (corrected by the moisture content) or of oleoresin in the sample solution, expressed in milligrams per millilitre.

## 9 Repeatability

The absolute difference between two independent single test results, obtained using the same method on identical test material in the same laboratory by the same operator using the same equipment within a short interval of time, should not be greater than:

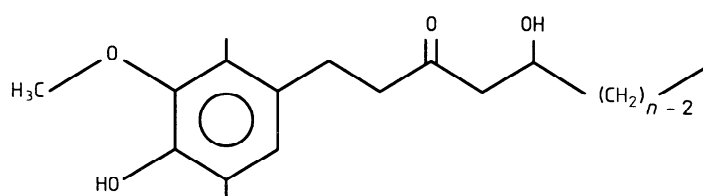
dried ginger (for [6]-G), 2 %

oleoresin of ginger (for [6]-G or [6]-S), 2 %

NOTE - The results of two interlaboratory tests are given in annex E for information only.

**Annex A**  
(informative)

**Chemical structure of gingerols and shogaols**

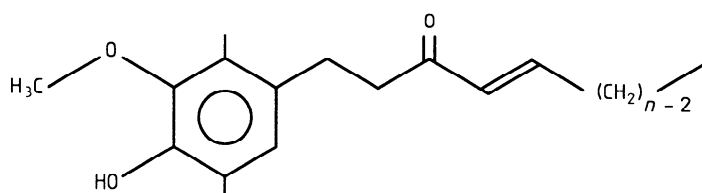


[6]-G,  $n = 6$ :  $C_{17}H_{26}O_4 = 294,38$

[8]-G,  $n = 8$ :  $C_{19}H_{30}O_4 = 322,43$

[10]-G,  $n = 10$ :  $C_{21}H_{34}O_4 = 350,48$

**Figure A.1 - Gingerols**



[6]-S,  $n = 6$ :  $C_{17}H_{24}O_3 = 276,36$

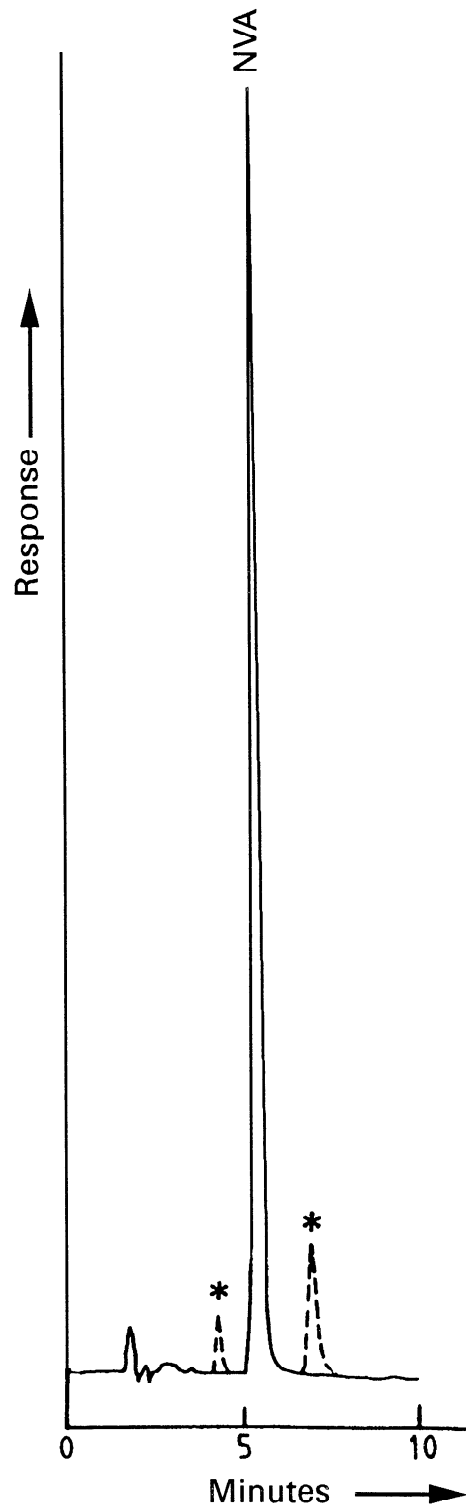
[8]-S,  $n = 8$ :  $C_{19}H_{28}O_3 = 304,41$

[10]-S,  $n = 10$ :  $C_{21}H_{32}O_3 = 332,46$

**Figure A.2 - Shogaols**

**Annex B**  
(informative)

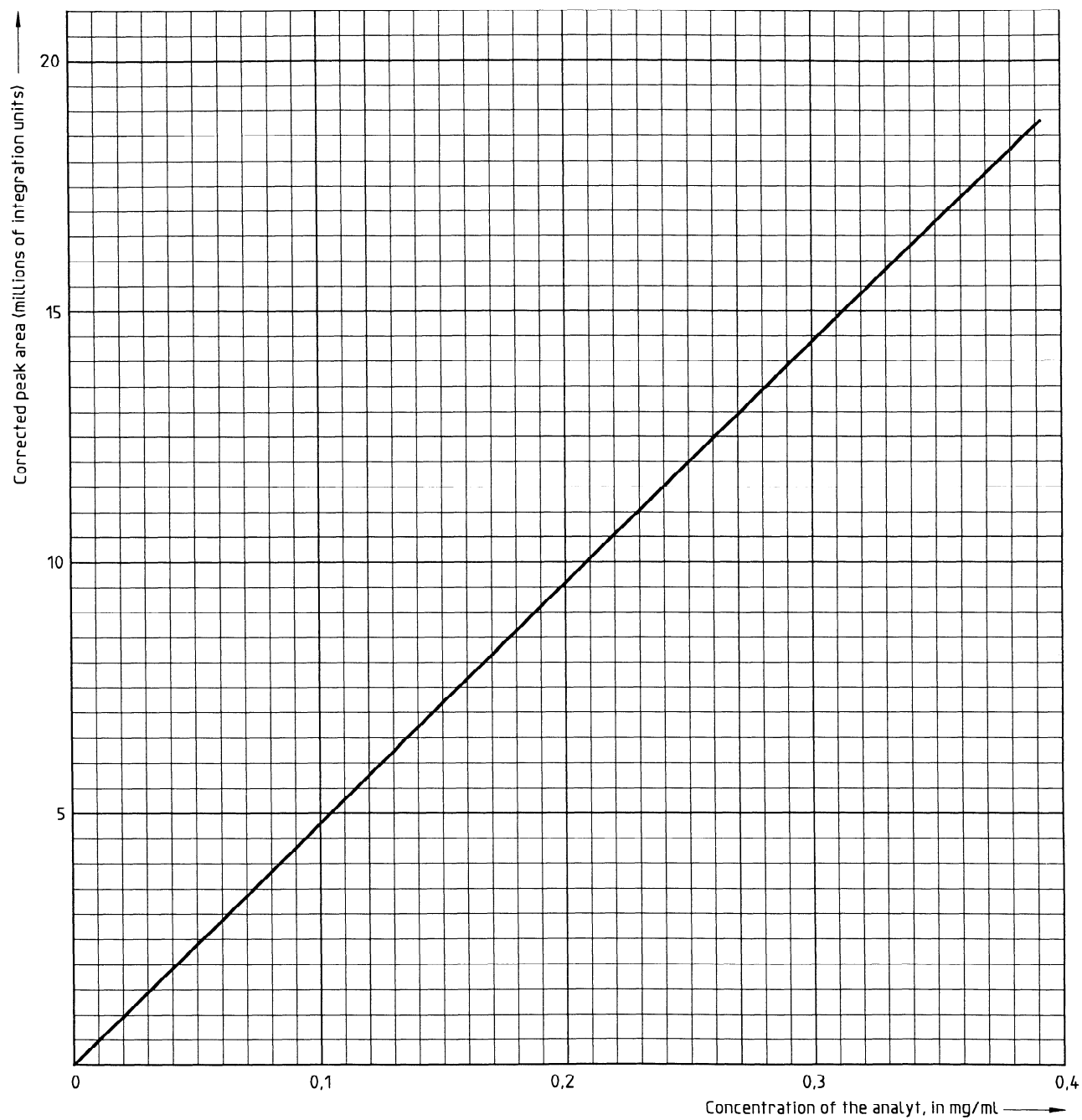
**Typical chromatogram of the analysis of NVA by CLHP**



NOTE - Peaks marked with an asterisk are possible impurities

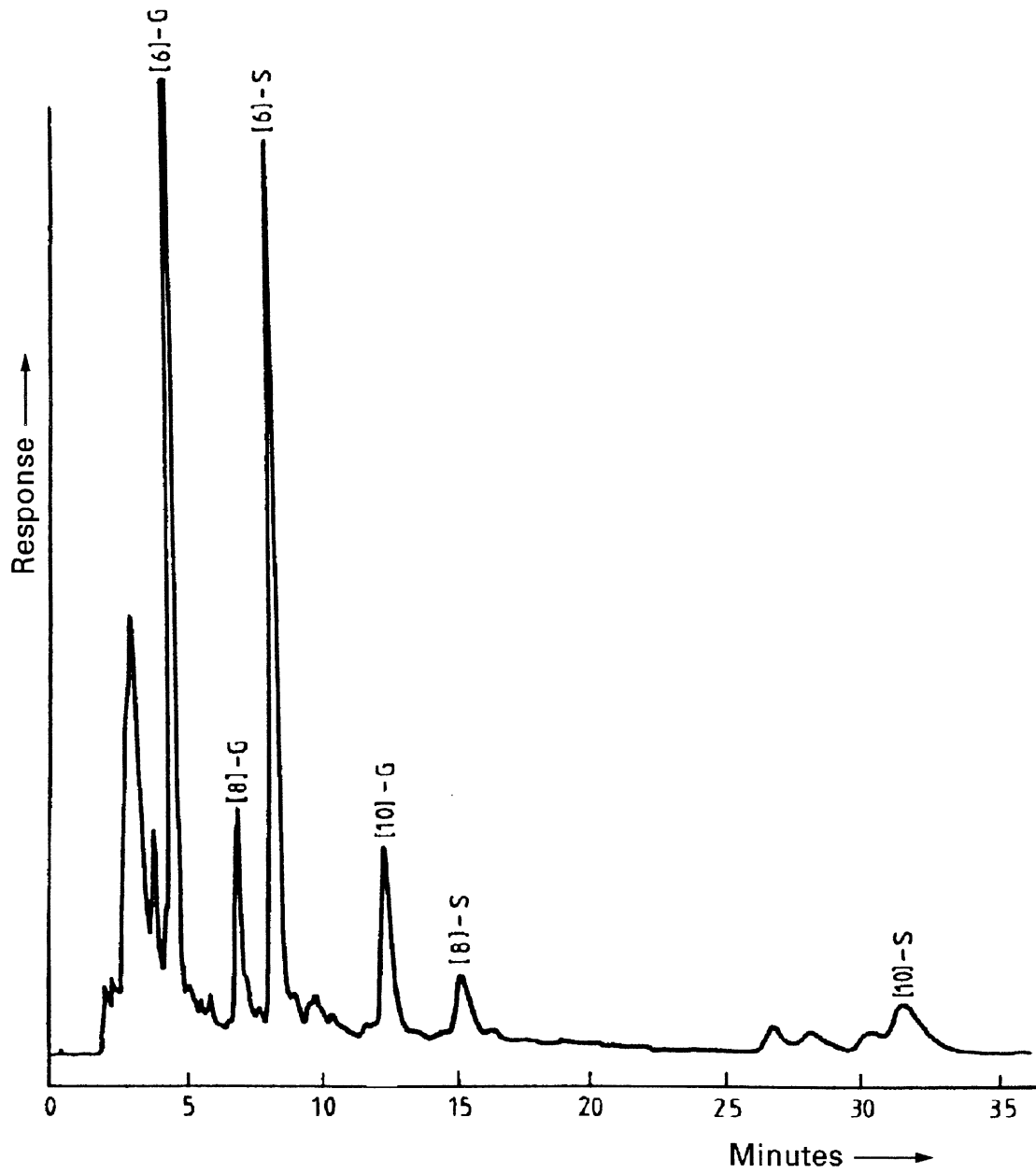
**Annex C**  
(informative)

**Standardization curve for the determination of gingerols and shogaols**



Annex D  
(informative)

Typical chromatogram of the analysis by HPLC of a dried ginger or a ginger oleoresin



**Annex E**  
(informative)

**Results of two interlaboratory tests carried out on ginger oleoresins**

**Table E.1 - First test: Ginger oleoresin extracted under CO<sub>2</sub>**

Laboratory	[6]-G	[8]-G	[10]-G	Total gingerols	[6]-S	[8]-S	[10]-S	Total shogaols
1	11,6	2,5	3,6	17,7	4,5	1,2	1,5	7,2
2	15,8	3,9	5,4	25,1	5,6	0,8	6,4	6,4
3	18,6	4,6	4,5	27,7	6,8	1,5	8,3	8,3
4	13,7	1,9	1,9	17,5	3,2	0,3	0,2	3,7
5	13,1	2,2	3,2	18,5	4,4	0,7	-	5,1
6	15,4	2,2	2,0	18,5	3,9	0,3	0,6	4,8
7	13,3	2,4	1,1	16,8	4,4	< 0,2	< 0,2	4,8
Mean	14,5	2,8	3,0	20,3	4,7	0,7	2,9	5,8
Max. deviation	4,1	1,8	2,4	7,4	2,1	0,8	5,4	2,5

**Table E.2 - First test: Ginger oleoresin A**

Laboratory	[6]-G	[8]-G	[10]-G	Total gingerols	[6]-S	[8]-S	[10]-S	Total shogaols
1	5,1	1,4	2,3	8,8	4,4	1,0	1,5	6,9
2	8,8	2,4	2,4	13,6	5,3	1,1	-	6,6
3	10,1	2,3	2,8	15,2	5,5	1,1	-	6,6
4	5,6	0,9	1,2	7,7	2,9	0,3	0,3	3,5
5	6,4	1,2	2,0	9,6	4,5	0,8	-	5,3
6	6,4	1,2	1,0	8,1	3,5	0,5	1,0	5,0
7	6,2	1,3	0,5	8,0	4,0	0,8	0,5	5,3
Mean	6,9	1,5	1,7	10,1	4,3	0,8	0,8	5,6
Max. deviation	3,2	0,9	1,2	5,1	1,4	0,5	0,7	2,1

**Table E.3 - First test: Ginger oleoresin (B)**

Laboratory	[6]-G	[8]-G	[10]-G	Total gingerols	[6]-S	[8]-S	[10]-S	Total shogaols
1	4,5	1,1	2,1	7,7	4,2	1,0	1,2	6,4
2	6,4	1,3	2,3	10	4,3	1,2	-	5,5
3	6,6	1,3	2,3	10,2	4,4	1,1	-	5,5
4	4,8	0,8	0,9	6,5	2,8	0,3	0,3	3,4
5	4,3	0,8	1,3	6,4	3,5	0,9	-	4,4
6	4,6	1	0,9	6,2	3,3	0,4	1,0	4,7
7	5,1	1,1	0,7	6,9	4,0	0,7	0,9	5,6
Mean	5,2	1,1	1,5	7,7	3,8	0,8	0,9	5,1
Max. deviation	1,2	0,3	0,8	2,5	1,0	0,5	0,6	1,7

**Table E.4 - Second test: Ginger oleoresin extracted under CO<sub>2</sub>**

Laboratory	[6]-G	[8]-G	[10]-G	Total gingerols	[6]-S	[8]-S	[10]-S	Total shogaols
1	11,8	3,0	1,8	16,6	2,4	0,2	0,3	2,9
2	12,4	3,1	1,8	17,3	2,4	0,3	0,3	2,7
3	14,6	2,7	4,2	21,5	3,2	0,6	-	3,8
4	14,5	3,5	4,3	22,3	3,5	0,6	-	4,1
5	13,9	1,8	1,6	17,3	2,2	0,2	0,2	2,6
Mean	13,44	2,82	2,74	19,0	2,74	0,38	0,26	4,34
Max. deviation	1,64	1,02	1,56	3,3	0,76	0,22	0,6	1,74

**Table E.5 - Second test: Ginger oleoresin C**

Laboratory	[6]-G	[8]-G	[10]-G	Total gingerols	[6]-S	[8]-S	[10]-S	Total shogaols
1	3,7	0,9	1,0	5,6	3,3	0,4	0,9	4,6
2	4,0	1,0	1,6	6,6	3,3	0,5	0,9	4,7
3	4,2	0,7	1,5	6,4	4,1	0,8	-	4,9
4	5,4	1,5	1,4	8,3	4,2	0,8	-	5,0
5	4,0	0,7	0,7	5,4	3,0	0,4	0,3	3,7
Mean	4,26	0,96	1,24	6,46	3,58	0,58	0,70	4,58
Max. deviation	1,14	0,54	0,54	1,84	0,58	0,22	0,40	0,88



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**ICS 67.220.10**

**Descriptors:** agricultural products, food products, plant products, seasonings, spices, ginger, chemical analysis, determination of content, high performance liquid chromatography.

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