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### **BSI Standards Publication**

# Foodstuffs — Detection of food allergens by molecular biological methods

Part 4: Peanut (Arachis hypogaea) — Qualitative detection of a specific DNA sequence in chocolate by real-time PCR



#### National foreword

This Published Document is the UK implementation of CEN/TS 15634-4:2016.

The UK participation in its preparation was entrusted to Technical Committee AW/275, Food analysis - Horizontal methods.

A list of organizations represented on this committee can be obtained on request to its secretary.

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#### **English Version**

## Foodstuffs - Detection of food allergens by molecular biological methods - Part 4: Peanut (Arachis hypogaea) - Qualitative detection of a specific DNA sequence in chocolate by real-time PCR

Produits alimentaires - Détection d'allergènes alimentaires par des méthodes de biologie moléculaire - Partie 4 : Arachide (Arachis hypogaea) - Détection qualitative d'une séquence d'ADN spécifique dans du chocolat, par PCR en temps réel Lebensmittel - Nachweis von Lebensmittelallergenen mit molekularbiologischen Verfahren - Teil 4: Erdnuss (Arachis hypogaea) - Qualitativer Nachweis einer spezifischen DNA-Sequenz in Schokolade mittels Realtime PCR

This Technical Specification (CEN/TS) was approved by CEN on 11 February 2016 for provisional application.

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#### **European foreword**

This document (CEN/TS 15634-4:2016) has been prepared by Technical Committee CEN/TC 275 "Food analysis - Horizontal methods", the secretariat of which is held by DIN.

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EN 15634, Foodstuffs — Detection of food allergens by molecular biological methods, is currently composed with the following parts:

- Part 1: General considerations;
- Part 2: Celery (Apium graveolens) Qualitative determination of a specific DNA sequence in cooked sausages by real-time PCR [Technical Specification];
- Part 3: Hazelnut (Corylus avellana) Qualitative detection of a specific DNA sequence in chocolate by real-time PCR [Technical Specification];
- Part 4: Peanut (Arachis hypogaea) Qualitative detection of a specific DNA sequence in chocolate by real-time PCR [Technical Specification];
- Part 5: Mustard (Sinapis alba) and soya (Glycine max) Qualitative dectection of a specific DNA sequence in cooked sausages by real-time PCR [Technical Specification].

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#### 1 Scope

This Technical Specification describes a procedure for the qualitative detection of peanut (*Arachis hypogaea*) in chocolate using real-time PCR based on the gene for the peanut allergen Ara h 2 [4], [5].

#### 2 Principle

The total DNA is extracted from the sample and the DNA content estimated. A sequence specific to peanut from the gene for Ara h 2 is multiplicated using real-time PCR. The amplicon with a length of 86 base pairs (bp) formed in this way is detected by annealing a sequence-specific probe and generating a fluorescence signal [4].

#### 3 Reagents

As a rule, analytical grade chemical reagents suitable for molecular biology shall be used. The water used shall be double distilled or equivalent quality. Solutions should be prepared by dissolving the appropriate reagents in water and autoclaving, unless indicated differently.

#### 3.1 DNA extraction with CTAB

- 3.1.1 Chloroform.
- **3.1.2 Ethanol**, volume fraction  $\varphi$  = 96 %.
- 3.1.3 Ethylenediaminetetraacetic acid disodium salt (Na<sub>2</sub>EDTA).
- 3.1.4 Cetyltrimethylammoniumbromide (CTAB).
- **3.1.5 Hydrochloric acid,** mass fraction w = 37 %.
- 3.1.6 Isoamyl alcohol.
- 3.1.7 Isopropanol.
- 3.1.8 Proteinase K.
- 3.1.9 Sodium chloride.
- 3.1.10 Sodium hydroxide.
- 3.1.11 Tris(hydroxymethyl)aminomethane (TRIS).
- 3.1.12 Chloroform isoamyl alcohol mixture.

Mix 24 parts by volume of chloroform (3.1.1) with one part by volume of isoamyl alcohol (3.1.6).

Commercially available and comparable mixtures can be used.

- **3.1.13 CTAB extraction buffer solution,** containing CTAB (mass concentration  $\rho = 20$  g/l), sodium chloride (substance concentration c = 1,4 mol/l), TRIS (c = 0,1 mol/l), Na<sub>2</sub>EDTA (c = 0,02 mol/l). Adjust the pH value with hydrochloric acid to pH = 8,0.
- **3.1.14 Ethanol solution,**  $\varphi$  = 70 %.
- **3.1.15 Proteinase K solution,**  $\rho = 20 \text{ mg/ml.}$

The freshly produced Proteinase K solution should be stored in the form of aliquots at -20 °C.

**3.1.16 TE buffer solution,** containing TRIS (c = 0.001 mol/l) and Na<sub>2</sub>-EDTA (c = 0.000 1 mol/l). Adjust the pH value with hydrochloric acid or sodium hydroxide solution to pH = 8,0.

#### 3.2 DNA purification by means of solid phase extraction

Various systems are commercially available for DNA purification by means of solid phase extraction, including spin filter columns or plates or also with vacuum operated systems. Commercially available kits can also be used. Observe the manufacturer's data for this.

#### 3.3 Real-time PCR reagents

- **3.3.1 PCR master mix**<sup>1)</sup>, containing reaction buffers, dNTPs, MgCl<sub>2</sub> and Hotstart Taq polymerase.
- **3.3.2 Oligonucleotides,** 10 μmol each.
- **3.3.2.1 Peanut (AR-58 F),** gCA gCA gTg ggA ACT CCA Agg AgA CA.
- 3.3.2.2 Peanut (AR-143 R), gCA TgA gAT gTT gCT CgC Ag.
- **3.3.2.3 Peanut probe (AR-103 T),** FAM CgA gAg ggC gAA CCT gAg gCC TAMRA or BHQ1.
- **3.3.3 Negative PCR control,** conducted with DNA-free water instead of the DNA extract from the sample.
- **3.3.4** Negative extraction control, performing all steps of the DNA extraction procedure, except addition of the test portion, e.g. by substitution of a corresponding amount of water for the test portion.
- **3.3.5 Negative process control,** sample of the food matrix without target sequence, which passes through all steps of the analytical process (blank sample).
- **3.3.6 Positive PCR control**<sup>2)</sup> reaction containing the target DNA in a specified quantity or number of copies.
- **3.3.7 Positive process control,** sample of the food matrix with known quantity of peanut, which passes through all steps of the analytical process.
- **3.3.8 External amplification control (inhibition control),** control DNA that is added to an aliquot of the extracted nucleic acid in a specified quantity or number of copies and used in a separate reaction to check the influence of co-extracted substances from the sample matrix on the amplification.

#### 4 Apparatus and equipment

General aspects are described in EN ISO 24276 [3].

<sup>1)</sup> Ready-to-use reagents or single components may be used as a PCR master mix, insofar as they provide comparable or better results.

<sup>2)</sup> DNA for the positive PCR control is extracted from phenotypically identified pure peanuts as described in 5.3 and 5.4. DNA mass concentration is determined as described in 5.5.

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Plastic and glass materials shall be sterilised and free of DNA before use. In addition, the use of aerosol protected filter tips is obligatory due to the high sensitivity of the PCR analytics and the resultant risk of DNA contamination.

In addition to the usual laboratory facilities, the following equipment is required.

#### 4.1 DNA extraction

- **4.1.1** Suitable reaction vials, 1,5 ml and 2 ml, DNA-free.
- **4.1.2 50 ml centrifuge tubes,** sterile.
- **4.1.3 Thermostat or water bath,** preferably with shaker function.
- **4.1.4 Centrifuge**, suitable for centrifuging 50 ml centrifuge tubes at 8 000  $g^{3}$ .
- **4.1.5 Centrifuge**, suitable for centrifuging 1,5 ml and 2 ml reaction vials at 14 500 *g.*
- **4.1.6 Apparatus and/or material for grinding the sample,** e.g. blender or mill.
- **4.1.7 UV spectrometer or other detection instruments**, suitable for estimating the amount of DNA.

#### **4.2 PCR**

- 4.2.1 Suitable PCR tubes.
- 4.2.2 Microcentrifuge for PCR tubes.
- **4.2.3 Real-time PCR equipment,** suitable for excitation and for emission measurement of fluorescence-marked oligonucleotides.

NOTE Laboratories participating in the interlaboratory trial used the following real-time PCR equipment: Rotor Gene 6000™, Stratagene Mx 3005P, ABI PRISM® 7500, ABI PRISM® 7900HT and Roche LightCycler® 1,5. <sup>4</sup>)

#### 5 Procedure

#### 5.1 General

General aspects are described in EN ISO 24276 [3].

#### 5.2 Sample preparation

Ensure e.g. by milling or homogenizing, that the test sample is representative of the laboratory sample.

#### 5.3 DNA extraction with CTAB

Measures and work steps to be considered for the DNA extraction are described in EN ISO 21571 [2].

<sup>3)</sup>  $g = 9.81 \text{ m} \cdot \text{s}^{-2}$ 

<sup>&</sup>lt;sup>4</sup>) Rotor Gene 6000<sup>™</sup>, Stratagene Mx 3005P, ABI PRISM® 7500, ABI PRISM® 7900HT and Roche LightCycler® 1.5 are examples of suitable products available commercially. This information is given for the convenience of users of this Technical Specification and does not constitute an endorsement by CEN of these products. Equivalent products may be used if they can be shown to lead to the same results.

It is acceptable to use a commercially available kit instead of the DNA extraction procedure described below, if it is ensured that comparable or better results are obtained.

In parallel to the test samples, carry out the controls listed in 3.3.4, 3.3.5 and 3.3.7 adequately.

Prepare every sample **twice** in accordance with the following scheme:

- Weigh 2 g of the sample into 50 ml centrifuge tubes;
- Add 10 ml of CTAB extraction buffer solution (3.1.13);
- Add 30 μl of Proteinase K solution (3.1.15) and mix;
- Incubate and shake for 90 min at 65 °C;
- Centrifuge for 5 min at  $6\,000\,g$  to  $8\,000\,g$ ;
- Place 500 μl of chloroform isoamyl alcohol mixture (3.1.12) in a 2 ml reaction vial;
- Add 700 μl of supernatant and mix thoroughly for 30 s;
- Centrifuge for 15 min at about 14 500 *g*;
- Place 500 μl of cold isopropanol (3.1.7) in a 1,5 ml reaction vial;
- Add 500 μl of supernatant (aqueous phase) and mix carefully;
- Incubate for 30 min at room temperature;
- Centrifuge for 15 min at about 14 500 *g*;
- Carefully remove and discard the supernatant;
- Fill the reaction vial with 500 μl of ethanol (3.1.2) and swirl the reaction vial several times;
- Centrifuge for 5 min at about 14 500 *g*;
- Carefully remove and discard the supernatant;
- Dry the extracted DNA;
- Dissolve the dried DNA extract in 100 μl of TE buffer solution (3.1.16).

#### 5.4 DNA purification by means of solid phase extraction

Purify the DNA extract according to the instructions given by the respective kit manufacturer.

The DNA extract can be stored cooled (approximately  $4\,^{\circ}$ C) for a short period. If storage times exceed more than one week, the DNA extracts should be stored at temperatures of <  $-18\,^{\circ}$ C.

#### 5.5 Measuring the mass concentration and purity of the extracted DNA

The mass concentration of a DNA aliquot can be determined by means of a UV spectrometer at 260 nm. Calculate the DNA mass concentration as follows:

 $\rho$  (DNA) in ng/ $\mu$ l = 50 × optical density × dilution factor of the measured aliquot

In order to check its purity, the sample can in addition be measured at 280 nm. The ratio of the values for optical density at wavelengths of 260 nm and 280 nm should be approximately 1,8.

The DNA mass concentration may also be estimated using other suitable procedures.

#### 5.6 Real-time PCR

#### — PCR

NOTE 1 In order to exclude false-negative results occurring due to PCR inhibition or highly degraded DNA, the PCR suitability of the isolated DNA can be checked by, e.g. an amplification of universal sequences from plants [6]. Alternatively, a possible inhibition of the PCR can be detected by spiking the sample DNA with a positive control in a separate reaction (see 3.3.8).

NOTE 2 The method description for peanut detection applies for a total volume per PCR of  $25\,\mu l$  with the reagents indicated in Table 1. The PCR can also be carried out in a larger volume, if the solutions are adapted correspondingly.

The final concentrations of the reagents given in Table 1 have proven to be suitable.

In parallel to the test samples, the controls listed in 3.3.3 to 3.3.8 shall be carried out adequately.

Prior to use, the gently thawed reagents should be centrifuged briefly. In addition, every reagent shall be mixed carefully immediately before pipetting. Keep the reagents cooled while preparing the PCR (e. g. cooling block).

A PCR mix should be prepared containing all the components except for the DNA extract. The required amount of PCR mix is determined by the number of reactions to be carried out plus a safety reserve of  $10\,\%$ .

Every DNA extract is examined **undiluted** in at least two PCR (duplicates). If inhibitory effects result (see also 3.3.8 external amplification control), the DNA extract is to be diluted 1:4 with sterile water in a repeat process or used diluted to a concentration of 20 ng/µl.

For each reaction, 5 µl of DNA extract should be used.

— Mix the PCR master mix (Table 1), centrifuge shortly and pipette  $20~\mu l$  per PCR into each reaction vial.

| Reagent  | Final concentration | <b>Volume per reaction</b><br>μl |  |  |  |  |
|--|---------------------|----------------------------------|--|--|--|--|
| Water  |                     | 5,5                              |  |  |  |  |
| PCR master mix (see 3.3.1)   | 1x                  | 12,5                             |  |  |  |  |
| Primer AR-58 F, (10 μmol <sup>a</sup> )  | 0,3 μmol            | 0,75                             |  |  |  |  |
| Primer AR-143 R,(10 μmol <sup>a)</sup>   | 0,3 μmol            | 0,75                             |  |  |  |  |
| Probe AR-103 T, (10 μmol <sup>a</sup> )  | 0,2 μmol            | 0,5                              |  |  |  |  |
| Total master mix   |                     | 20                               |  |  |  |  |
| DNA extract  | NA extract 5        |                                  |  |  |  |  |
| <sup>a</sup> Other working concentrations can be used. The volumes shall then be adjusted correspondingly. |                     |                                  |  |  |  |  |

Table 1 — Reaction batch for real-time PCR

<sup>—</sup> For the negative PCR control (3.3.3), pipette 5 μl of water into the PCR master mix provided.

<sup>—</sup> For the sample PCR, pipette 5 μl of DNA extract respectively into the PCR master mix.

- For the negative extraction control (3.3.4), pipette 5 μl of extract from the negative extraction control assay into the PCR master mix provided.
- For the negative process control (3.3.5), pipette 5  $\mu$ l of the peanut-free sample DNA extract into the PCR master mix provided.
- For the positive PCR control (3.3.6), pipette 5  $\mu$ l of the target containing DNA into the PCR master mix provided.
- For the positive process control (3.3.7), pipette 5  $\mu$ l of the peanut-containing sample DNA into the PCR master mix provided.
- For the external amplification control (inhibition control (3.3.8)), pipette an aliquot of peanut control DNA to an aliquot of the extracted sample DNA into the master mix provided.
- Place the reaction vials in the PCR device and start the temperature/time program.

The temperature/time program given in Table 2 has been proven for the PCR described here when using reaction vessels made from plastic.

**Block cycler Fluorescence Parameter Temperature** Time **Cvcles** Step measurement Initial denaturation 95 °C 1 10 min No 1 Denaturation 95 °C 30 s No Annealing and 62 °C 60 s Yes 2 Amplification 45 elongation

Table 2 — Temperature/time program when using a block cycler

#### 6 Validation status and performance criteria

#### 6.1 General

The method described in this Technical Specification was elaborated by the working group "Lebensmittel-Allergene" (Food Allergens) of the Bundesamt für Verbraucherschutz und Lebensmittelsicherheit (Federal Office of Consumer Protection and Food Safety, BVL) for implementation of section 64 of the German Food and Feed Code (LFGB) and validated in the interlaboratory study with a total of 13 participants [7].

The measurement results are analysed using the relevant device-specific data analysis program. The amplification result is sometimes indicated differently, depending on the real-time PCR device used. When no detectable PCR products are obtained (negative result) the indication may read, e.g. "undetermined" or "no amp", or also the maximum number of cycles set may be given in the results report. In case of amplification of the DNA target sequence in a sample (positive result), the cycle count at which a predefined fluorescence threshold value was exceeded ( $C_t$  or  $C_p$  value) is calculated.

If the automatic evaluation does not give any effective result due to atypical fluorescence measurement data, manual adjustment of the baseline and the threshold value may be required prior to evaluating the data. When doing so, follow the device specific instructions given in the respective manual for using the evaluation software.

In this interlaboratory study, peanut mass fractions of 10 mg/kg or greater could be detected with a probability of > 95 %.

#### 6.2 Detection

The target sequence is considered to be detected, if

- an increase in the measured fluorescence can be observed that is caused by the amplification, by means of peanut-specific primers and the specific probe. The qualitative results of two test samples shall not be contradictory; otherwise, the analysis shall be repeated.
- no increase in fluorescence caused by amplification can be observed in the PCR controls without added peanut DNA (negative DNA control, negative process control); and if
- the expected C<sub>t</sub> values are obtained in the positive controls and, if appropriate, in the inhibition control.

The manufacturer's instructions for the relevant analysis software shall be observed for the analysis.

#### 6.3 Reliability of the method

#### 6.3.1 Setup of the interlaboratory study

The reliability of the method was validated in an interlaboratory study with a total of 13 participants.

Every participant received 10 coded samples of dark chocolate that have been fortified with mass fractions w = (0, 2, 5, 10 and 20) mg/kg peanut (every concentration double). The homogeneity of the samples was checked for every spiking level via ELISA.

Dark chocolate with a mass fraction of w = 50 mg/kg peanut was used as a positive control.

The following samples were also sent as controls:

- negative process control (3.3.5);
- positive PCR control (3.3.6);
- positive process control (3.3.7).

For each of the samples, two DNA extracts had to be examined in two PCR replicates, so that every participant had to report 40 results.

The choice of reagents provider for the DNA extraction and the PCR master mix as well as the PCR apparatus was free. The primary and probe solutions were ordered centrally and made available to the interlaboratory study participants.

#### 6.3.2 Results

All 13 participating laboratories supplied results. One laboratory was excluded because it had only prepared one PCR extract, another one because it had used another PCR method [5], and a final one because all 10 coded samples did not reveal any amplification. The measurement results of 10 laboratories were therefore considered in the statistical evaluation. The results are shown in Tables 3 and 4.

| Number of laboratories                             | 13              |
|--|-----------------|
| Number of laboratories whose results were accepted | 10              |
| Total number of samples per laboratory             | 10              |
| Number of negative samples per laboratory          | 2               |
| Number of PCR results per sample                   | 4               |
| Number of PCR results accepted (considered)        | 400             |
| False-positive results                             | 1 <sup>a</sup>  |
| False-negative results                             | 48 <sup>b</sup> |

<sup>&</sup>lt;sup>a</sup> One of the four PCR reactions of a sample was detected as false-positive by an interlaboratory study participant.

Table 4 — Number of PCR reactions showing false-negative or false-positive results

| Peanut<br>mg/kg | PCR results<br>total | Number of false-negative PCR results | Number of false-positive PCR results | Negative rate<br>% | Positive rate<br>% |
|-----------------|----------------------|--------------------------------------|--------------------------------------|--------------------|--------------------|
| 0               | 80                   | 0                                    | 1                                    | 98,75              | 1,25               |
| 2               | 80                   | 30                                   | 0                                    | 37,5               | 62,5               |
| 5               | 80                   | 12                                   | 0                                    | 15                 | 85                 |
| 10              | 80                   | 2                                    | 0                                    | 2,5                | 97,5               |
| 20              | 80                   | 4                                    | 0                                    | 5                  | 95                 |

A peanut mass fraction of w = 5 mg/kg could be detected in 85 % of all reactions. A peanut mass fraction of w = 10 mg/kg could be detected in 97,5 % of all reactions.

#### 6.3.3 Specificity

The specificity was tested for relevant plant species [4]. The DNA was extracted from the phenotypical identified species as described in 5.3 and 5.4. No cross reactions with peanut were ascertained for the plant species indicated in the list below.

Almond, barley, green pea, oat, hazelnut, chickpea, coconut, pumpkin seed, kidney bean, pine seed, pinto bean, rice, rye, sesame seed, soya bean, walnut kernel, wheat, white bean.

#### 7 Test report

The test report should contain the data according to EN ISO/IEC 17025 [1] and at least the following information:

- a) all information necessary for the identification of the sample (kind of sample, origin of sample, designation);
- b) a reference to this Technical Specification;
- c) the date and type of sampling procedure (if known);
- d) the date of receipt;

 $<sup>^{\</sup>rm b}$  The false-negative results predominantly occur at a concentration of 2 mg/kg peanut.

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- e) the date of test;
- f) the test results and the units in which they have been expressed;
- g) any particular points observed in the course of the test;
- h) any operations not specified in the method or regarded as optional, which might have affected the results.

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