



# Standard Test Method for Verification of Multi-Axis Force Measuring Platforms<sup>1</sup>

This standard is issued under the fixed designation F3109; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon ( $\epsilon$ ) indicates an editorial change since the last revision or reapproval.

## 1. Scope

1.1 This standard specifies procedures for performance verification of multi-axis force platforms commonly used for measuring ground reaction forces during gait, balance and other activities.

1.1.1 This standard provides a method to quantify the relationship between applied input force and force platform output signals across the manufacturer's defined spatial working surface and specified force operating range.

1.1.2 This standard provides definitions of the critical parameters necessary to quantify the behavior of multi-axis force measuring platforms and the methods to measure the parameters.

1.1.3 This standard presents methods for the quantification of spatially distributed errors and absolute measuring performance of the force platform at discrete spatial intervals and discrete force levels on the working surface of the platform.

1.1.4 This standard further defines certain important derived parameters, notably COP (center of pressure) and methods to quantify and report the measuring performance of such derived parameters at spatial intervals and force levels across the working range of the force platform.

1.1.5 This standard defines the requirements for a report suitable to characterize the force platform's performance and provide traceable documentation to be distributed by the manufacturer or calibration facility to the users of such platforms.

1.1.6 Dynamic characteristics and applications where the force platform is incorporated in other equipment, such as instrumented treadmills and stairs, are beyond the scope of this standard.

1.1.7 This standard is written for purposes of multi-axis force platform verification; however the methods and procedures are applicable to calibration of force platforms by manufacturers.

1.2 The values stated in SI units are to be regarded as the standard. Other metric and inch-pound values are regarded as equivalent when required.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

## 2. Referenced Documents

2.1 *ASTM Standards:*<sup>2</sup>

E4 Practices for Force Verification of Testing Machines

E74 Practice of Calibration of Force-Measuring Instruments for Verifying the Force Indication of Testing Machines

## 3. Terminology

3.1 *Definitions of Terms Specific to This Standard:*

3.1.1 *center of pressure (COP), n*—the spatial point in a system at which a single equivalent force balances the sum of both the distributed forces and the distributed moments acting on the system.

3.1.2 *COP error, n*—difference between the COP x-y position reported by the force platform (or calculated from the force platform outputs) and the actual x-y location of the applied Fz verification force.

3.1.3 *crosstalk or crosstalk error, n*—sensitivity of an unloaded output channel corresponding to an unloaded axis when a force or a moment is applied to a different axis.

3.1.4 *force platform origin, n*—the position on the force platform, specified by the manufacturer, where x, y, and z = 0. The origin serves as a reference position for the COP x and COP y locations, locations for uniaxial forces applied during verification, and for calculating output moments due to input forces. The origin may be at a different x-y-z position from the force platform's geometric center. The force platform origin is sometimes called the electro-mechanical origin.

3.1.5 *F<sub>x</sub> and F<sub>y</sub>, n*—forces orthogonal to F<sub>z</sub>, assigned per Fig. 1 which follows the right-hand coordinate system (“right-hand rule”) convention for directionality.

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<sup>2</sup> For referenced ASTM standards, visit the ASTM website, [www.astm.org](http://www.astm.org), or contact ASTM Customer Service at [service@astm.org](mailto:service@astm.org). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

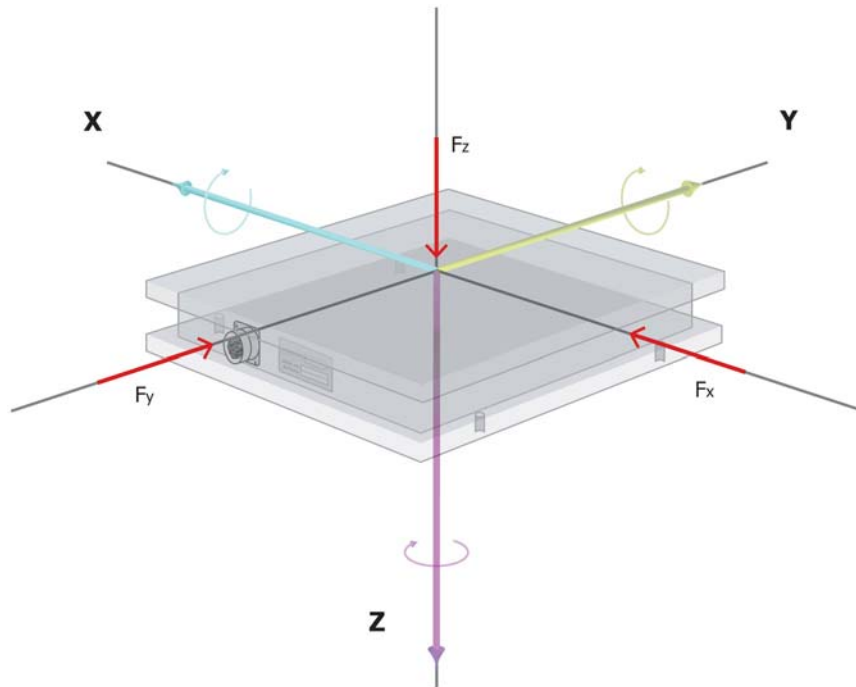


FIG. 1 Force Platform Orthogonal Coordinate Conventions

3.1.6  $F_z$ ,  $n$ —force that is orthogonal to the working surface of the platform.  $F_z$  and  $z$  distances are positive going downward when the force platform is mounted on the floor.

3.1.7 *moment*,  $n$ —a vector equal to the cross product of a position vector and a force vector. Given a position vector  $d = \{x, y, z\}$  relative to a given origin where a force  $F = \{F_x, F_y, F_z\}$  is applied then the components of the moment vector  $M = \{M_x, M_y, M_z\}$  relative to the origin are:

$$\begin{aligned} M_x &= y \cdot F_z - z \cdot F_y \\ M_y &= z \cdot F_x - x \cdot F_z \\ M_z &= x \cdot F_y - y \cdot F_x \end{aligned}$$

3.1.8  $M_x$ ,  $M_y$  and  $M_z$ ,  $n$ —moments around the  $x$ ,  $y$  and  $z$  axes, respectively, following the right-hand coordinate system convention for directionality.

3.1.9 *multi-axis force plate*,  $n$ —synonym for multi-axis force platform.

3.1.10 *multi-axis force platform*,  $n$ —a transducer with a flat measuring surface capable of measuring three orthogonal forces, three orthogonal moments, and directly or indirectly measuring the center of pressure  $x$ - $y$  position.

3.1.11 *serialized calibration values*,  $n$ —calibration values that apply to a specific force platform with a specific serial number. The calibration values may be used in the force platform, in an amplifier, or in a computer that makes up a calibrated force-measuring platform system.

3.1.12 *traceable force standard*,  $n$ —a force transducer or dead weight that is traceable to national standards and is more accurate than the instrumentation that is being verified. In this method, if dead weights are used then corrections for gravity shall be applied per ASTM E4 and their center of mass shall be spatially balanced around the axis of loading such that forces applied to the force platform are applied at a known location.

3.1.13 *uniaxial force*,  $n$ —force that is only in the direction of the intended axis without imparting forces in the two orthogonal axes. For example, applying  $F_z$  uniaxially shall not cause  $F_x$  or  $F_y$  forces greater than 10% of the  $F_z$  to  $F_x$  or  $F_z$  to  $F_y$  crosstalk specified by the force platform’s manufacturer.

3.1.14 *working surface*,  $n$ —the flat area of the platform where ground reaction forces are measured while patients or subjects perform activities such as walking, standing, running, and other activities. In most applications the working surface is oriented horizontally and is the top surface of the force platform.

3.1.15  *$x$ - $y$ - $z$  position*,  $n$ —the position where the force verification vector is applied with respect to the force platform’s origin.

#### 4. Summary of Test Method

4.1 This standard method has three sections:

4.1.1 Uniaxial forces are applied to the force platform using traceable force standards. The forces are applied for at least 5 force values over a range of positions spanning the manufacturer’s specified working surface dimensions. The force platform’s outputs are recorded at each force and position. Because the force platform provides a working surface of finite dimension on which forces will be applied, it is necessary to characterize all errors at sufficiently small intervals over that working surface to ensure adequate quality of measurement at all locations of force application. In this standard, a grid pattern to ensure proper spatial characterization of errors is presented (see Fig. 2).

4.1.2 The recorded force platform outputs are analyzed at all forces and positions to compare the force platform’s  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ ,  $M_z$ , COP  $x$  and COP  $y$  measuring errors and crosstalk

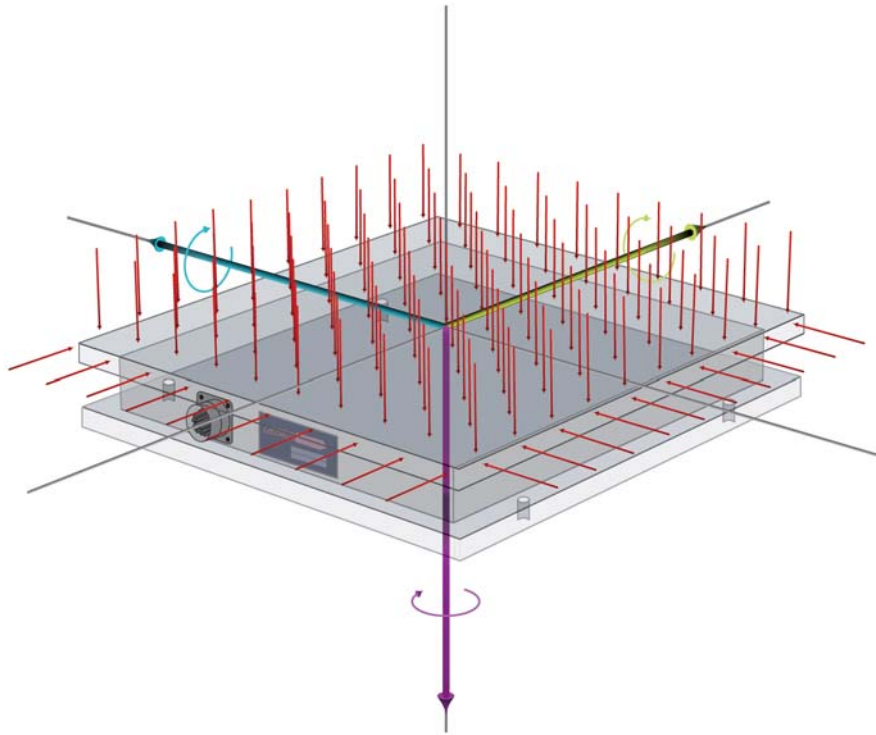


FIG. 2 Illustration of Spatial Grid Pattern Used to Apply Forces for Force Platform Verification

performance with the manufacturer’s specifications. These comparisons determine whether the force platform is successfully verified.

4.1.3 A report which includes graphical presentation of the results shall be prepared.

## 5. Significance and Use

5.1 Multi-axis force measuring platforms are used to measure the ground reaction forces produced at the interface between a subject’s foot or shoe and the supporting ground surface. These platforms are used in various settings ranging from research laboratories to healthcare facilities. The use of force platforms has become particularly important in gait analysis where clinical evaluations have become a billable clinical service.

5.2 Of particular importance is the application of force platforms in the treatment of cerebral palsy (CP) (1, 2).<sup>3</sup> An estimated 8,000 to 10,000 infants born each year will develop CP (3) while today’s affected population is over 764,000 patients (4). Quantitative gait analysis, using force platforms and motion capture systems, provide a valuable tool in evaluating the pathomechanics of children with CP. This type of mechanical evaluation provides a quantitative basis for treating neuromuscular conditions. In other words, surgical decisions are in part guided by information gained from the use of force platform measurements (5, 6).

<sup>3</sup> The boldface numbers in parentheses refer to the list of references at the end of this standard.

5.3 Another application is treatment of spina bifida. According to the Gait and Clinical Movement Analysis Society (GCMAS) (7), an instrumented gait analysis is the Standard of Expert Care for children with gait abnormalities secondary to spina bifida. The main objective of diagnostic gait analysis is to define the pathological consequences of neural tube defects as they relate to gait. The use of instrumented gait analysis allows physicians to determine which surgical or non-surgical interventions would provide the best outcome.

5.4 More recently force platforms have been used for pre- and post-surgical evaluation of TKA (total knee arthroplasty) and THA (total hip arthroplasty) patients. Such data provides an objective measure of the mechanical outcome of the surgical procedure.

5.5 In addition to the clinical applications there are numerous medical and human performance research activities which rely on accurate measurement of ground reaction forces using multi-axis force platform measurement instruments.

5.6 As a standards organization ASTM has historically provided excellent standards for the calibration of force transducers and force-measuring instrumentation. Force platforms, however, are different from force transducers. Force platforms typically provide a large active working surface unlike force transducers which provide more or less point of interaction with the load-applying environment. Moreover, force platforms typically provide six-axis measurements and are expected to be used in environments causing multi-axial loading.

## 6. Apparatus

6.1 The apparatus shall have the following attributes:

6.1.1 The apparatus shall apply all  $F_x$ ,  $F_y$  and  $F_z$  forces using a traceable force standard. See ASTM Standard E74-13a, Sections 5 and 6.

6.1.2 The apparatus shall apply all forces using a single, flat contact pad to concentrate force distribution as might be encountered during heel strike. The shape and dimensions of the contact pad shall be specified in the report.

6.1.3 The apparatus shall apply all forces uniaxially in an axis that is coincident with the axis of the force platform being verified. For example,  $F_z$  shall be applied perpendicular to the force platform's working surface without causing  $F_x$  or  $F_y$  forces greater than 10% of the  $F_z$  to  $F_x$  or  $F_z$  to  $F_y$  crosstalk specified by the force platform's manufacturer.

6.1.4 The apparatus shall measure and report the position of the applied forces with an accuracy of  $\pm 0.1\text{mm}$ .

6.1.5 The apparatus shall be located in an environment with sufficient stability that verification results are unaffected by environmental variations.

6.1.6 The apparatus shall be at a steady-state operating condition before verification begins so that the equipment itself does not introduce any errors.

6.1.7 Care shall be taken to minimize transient vibrations when verification is being performed.

6.2 Users of this standard shall ensure that the force platform's serialized calibration information provided by the manufacturer is in effect. For example, if the force platform requires the end user to apply calibration files from a computer or to use the force platform with an amplifier as a matched pair, the user of this standard shall ensure that the force platform (or force platform and amplifier combination) is using the correct force platform's serialized calibration values before beginning verification.

## 7. Verification Procedure

7.1 Before proceeding with the verification, a warm-up period with all electronics powered may be necessary to achieve stable temperatures and outputs. Reviewing the force platform manufacturer's recommendations regarding a warm-up period is recommended.

7.2 Before any forces are applied to the force platform, ensure that the traceable force standard is not touching the force platform then zero the outputs of all six force platform outputs and, if used, the traceable force transducer. This step may be repeated at each position.

7.3 Note that all x-y-z positions in the verification procedure are relative to the force platform's origin as defined in section 3.1.

7.4 Apply  $F_z$  to the working surface of the force platform.

7.4.1 Apply  $F_z$  at points making up an evenly spaced grid spanning the force platform's working surface. There should be 100 or more positions. Spacing in x and y should be no greater than 25.4mm (25.4mm increments for x and 25.4mm increments for y). Use of fewer positions or larger spacing increments shall be noted and justified in the report. The spacing between measurements shall be sufficiently close so that the uncertainty of the force platform's outputs due to interpolation between positions is less than the force platform's specified

accuracy. The x and y positions where  $F_z$  is applied shall be measured with an accuracy of  $\pm 0.1\text{mm}$ .

7.4.2 At each x-y position, apply 5 or more different  $F_z$  forces. Begin with a minimum force that is no less than 5% and no greater than 10% of the force platform's  $F_z$  full-scale. Monotonically increase the applied force and end at the force platform manufacturer's specified  $F_z$  full-scale capacity. For each applied  $F_z$  and x-y position, record the force applied by the force standard (either the output of the standard force transducer cell or the force applied by the standard weights); the x and y positions of  $F_z$ ; and the force platform's outputs  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ ,  $M_z$ , and, if provided by the force platform, COP x, and COP y. The COP is frequently not a direct output of the force platform but is calculated from the force and moment outputs of the platform. Each recorded value at each  $F_z$  and x-y position shall consist of an average of several readings. The readings for each recorded value shall be of sufficient quantity that variability due to noise is characterized. Additionally, the readings shall be sufficiently stable that the variability of the readings at each  $F_z$  and x-y position is less than the performance attribute being verified. For example, if the accuracy of  $F_z$  is being verified at 1000N, and the platform manufacturer specifies an accuracy of  $\pm 0.2\%$  of full scale and full scale is rated at 4448N, then the readings shall be more stable than  $\pm 8.9\text{N}$ .

7.5 Apply  $F_x$  forces to a surface of the force platform that is perpendicular to the y-z plane.

7.5.1 Apply  $F_x$  at evenly spaced positions in the positive direction. There should be 10 or more positions. Spacing should be no greater than 25.4mm. Use of fewer positions or larger spacing increments shall be noted and justified in the report. The spacing between measurements shall be sufficiently close so that the uncertainty of the force platform's outputs due to interpolation between positions is less than the force platform's accuracy. The y position where  $F_x$  is applied shall be measured with an accuracy of  $\pm 0.1\text{mm}$ . Apply  $F_x$  at a known z position.

7.5.2 At each y-z position, apply 5 or more different  $F_x$  forces. Begin with a minimum force that is no less than 5% and no greater than 10% of the force platform's  $F_x$  full scale. Monotonically increase the applied force and end at the force platform manufacturer's specified  $F_x$  full-scale capacity. At each  $F_x$  and y-z position record the force platform's outputs, the force applied by the force standard, and y-z positions per section 7.4.2 (recording y-z positions of  $F_x$  instead of x-y positions of  $F_z$ ).

7.6 Apply  $F_y$  forces in the positive direction to a surface of the force platform that is perpendicular to the x-z plane. Record outputs and applied forces per section 7.5 (applying  $F_y$  at x-z positions, using the force platform's  $F_y$  full-scale capacity, and recording x-z positions of  $F_y$ ).

7.7 Verify the force platform's performance.

7.7.1 Create a table with all applied forces, their x-y-z locations, and all outputs recorded from the force platform ( $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ ,  $M_z$ , and, if available, COP x and COP y).

7.7.2 Calculate  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$  and  $M_z$  measuring errors.



7.7.2.1 Calculate the  $M_x$ ,  $M_y$ , and  $M_z$  values for each applied force and location using the force applied by the force standard and the distance of the applied force from the force platform's x-y-z origin.  $M_x$  and  $M_y$  are calculated using  $F_z$  values and x-y locations.  $M_z$  is calculated using either  $F_x$  or  $F_y$  values and the corresponding y or x locations.

7.7.2.2 Calculate the force platform's force and moment measuring errors for  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ , and  $M_z$  at each applied force value and location. Calculate measuring errors using one of the following methods.

(1) Calculate the error as the difference between the applied force (or moment) and the force platform's output for that axis.

(2) Calculate the error as a percent of full scale by dividing the difference between the applied force (or moment) and the force platform's output value for that axis by the force platform's full scale for that axis. Express the result as a percentage.

(3) Calculate the error as a percent of the applied force (or moment) by dividing the difference between the applied force (or moment) and the force platform's output value for that axis by the applied force (or moment). Express the result as a percentage.

7.7.3 Calculate  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ , and  $M_z$  crosstalk values. At each applied force and position, calculate crosstalk by dividing the force platform's output value for each axis that does not have a force or moment applied to it ("Recorded Crosstalk Axis" in [Table 1](#)) by the applied force. Express the result as a percentage. Include the units of measurement when the recorded crosstalk axis is  $M_x$ ,  $M_y$ , or  $M_z$ . For example, include "Nm/N" when  $M_z$  is the recorded axis while  $F_z$  is the applied force.

7.7.4 Calculate the COP x and COP y position errors. For the selected  $F_z$  value, at each x-y position where  $F_z$  was applied, calculate the difference between the x position where  $F_z$  was applied and the COP x position recorded from the force platform (or calculated from the force platform's outputs). Perform the same calculations at all x-y positions for COP y.

7.7.4.1 For purposes of this verification standard, where  $F_z$  is applied uniaxially and therefore  $F_x$  and  $F_y = 0$ , COP x and COP y may be calculated as follows:

$$(1) \text{ COP } x = -M_y / F_z$$

$$(2) \text{ COP } y = M_x / F_z$$

7.8 Compare the force and moment-measuring errors ( $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ ,  $M_z$ ), COP x, and COP y position errors, and crosstalk values to the corresponding specifications from the force platform manufacturer. Perform the comparison for all applied forces and positions. An example of such a comparison for  $F_z$  accuracy at one x-y-z position is shown in [Appendix X1](#). If all measuring errors and crosstalk values are within the manufacturer's specifications at all applied verification forces and locations, then the force platform is considered verified.

## 8. Report

8.1 Report the following:

8.1.1 Date of verification test;

8.1.2 Date of report approval;

8.1.3 Organization or facility name and address where the verification was performed;

8.1.4 Temperature and humidity in the environment of the verification;

8.1.5 Manufacturer, model number and serial number of the force platform (and amplifier, if required) that was verified;

8.1.6 Optionally, the calibration matrix of the force platform that was verified;

8.1.7 Type of force standards used and traceability information;

8.1.8 Shape and size of the force application contact area;

8.1.9 Statement that the verification has been performed in accordance with ASTM Test Method X XXXX-XX;

8.1.10 Whether the force platform passed verification;

8.1.11 Names of people who performed the verification; and

8.1.12 Name and signature of the person responsible for ensuring the correct application of this standard and the verification result.

8.1.13 Force-measuring errors of  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ , and  $M_z$  at all x-y positions. Force-measuring errors are reported at a force (or moment) that is representative of the intended force platform's application. 890N is suggested for human gait studies. Force-measuring errors shall be reported as a percentage of applied force or as the difference between the recorded force (or moment) and the applied force (or moment) in force (or moment) units. Present the results as 3-dimensional surface plots. See [Annex A1](#) for examples.

8.1.14 Crosstalk for  $F_x$ ,  $F_y$ ,  $F_z$ ,  $M_x$ ,  $M_y$ , and  $M_z$  per [Table 1](#) at all positions. Crosstalk values shall be reported at a force (or moment) that is representative of the intended force platform's application. 890N is suggested for human gait studies. Crosstalk values are reported as the output divided by the input expressed as a percentage, or in the force (or moment) units of the output channel. Present the results as 3-dimensional surface plots for  $F_z \rightarrow F_x$ ,  $F_z \rightarrow F_y$ , and  $F_z \rightarrow M_z$  crosstalks. See [Annex A1](#) for examples.

8.1.15 COP x and COP y position errors at all x-y positions. COP x and COP y position errors shall be reported at a force (or moment) that is representative of the intended force

**TABLE 1 Crosstalk Axes and Values for Each Applied Force**

Applied Force	Recorded Crosstalk Axis	Result
F <sub>x</sub>	F <sub>y</sub>	Series of crosstalk values at all y positions for F <sub>x</sub>
	F <sub>z</sub>	Series of crosstalk values at all y positions for F <sub>x</sub>
	M <sub>x</sub>	Series of crosstalk values at all y positions for F <sub>x</sub>
F <sub>y</sub>	F <sub>x</sub>	Series of crosstalk values at all x positions for F <sub>y</sub>
	F <sub>z</sub>	Series of crosstalk values at all x positions for F <sub>y</sub>
	M <sub>y</sub>	Series of crosstalk values at all x positions for F <sub>y</sub>
F <sub>z</sub>	F <sub>x</sub>	Series of crosstalk values at all x-y positions for F <sub>z</sub>
	F <sub>y</sub>	Series of crosstalk values at all x-y positions for F <sub>z</sub>
	M <sub>z</sub>	Series of crosstalk values at all x-y positions for F <sub>z</sub>

platform’s application. 890N is suggested for human gait studies. COP x and COP y position errors are expressed in units of distance. Present the results as 3-dimensional surface plots. See [Annex A1](#) for examples.

**9. Time Interval Between Verifications**

9.1 An initial verification shall be performed prior to using the force platform. After this, verification shall be performed every 3 to 5 years or immediately after repairs or renovations. A spot check or partial verification shall be performed annually. The spot check shall use a vertical load of at least 20 kg and a rectangular grid with a minimum of nine testing locations

on the surface of the force plate. The distance between the outermost testing locations and the edge of the force plate shall be no more than 10 cm for all edges.

**10. Precision and Bias**

10.1 The precision and bias for this method have not yet been determined.

**11. Keywords**

11.1 accuracy; biomechanics force measurement; center of pressure; crosstalk; force plate; force platform; force standard; multi-axis force; verification

**ANNEX**

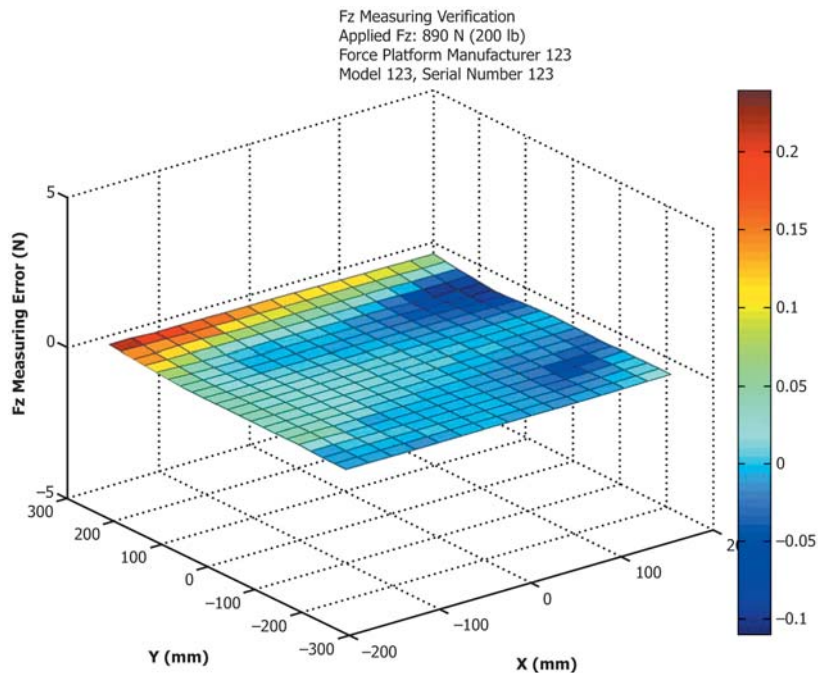
**(Mandatory Information)**

**A1. FIGURES**

A1.1 Surface plot of Fz measuring errors for one value of Fz at all x-y positions. See [Fig. A1.1](#).

A1.2 Surface plots of Fz to Fx crosstalk and Fz to Fy crosstalk for one value of Fz at all x-y positions. See [Figs. A1.2 and A1.3](#).

A1.3 Surface plots of COP x and COP y position errors for one value of Fz for all x-y positions. See [Figs. A1.4 and A1.5](#).



**FIG. A1.1 Example of Fz Measuring Error Surface Plot at 890N showing Fz Error**

Fz to Fx Crosstalk Verification  
 Applied Fz: 890 N (200 lb)  
 Force Platform Manufacturer 123  
 Model 123, Serial Number 123

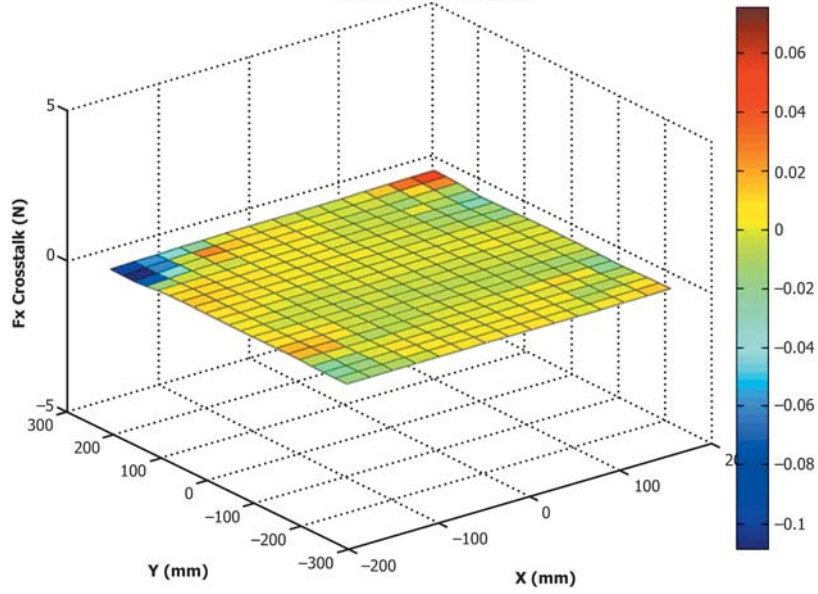


FIG. A1.2 Example of Fz to Fx Crosstalk on an x-y Surface Plot

Fz to Fy Crosstalk Verification  
 Applied Fz: 890 N (200 lb)  
 Force Platform Manufacturer 123  
 Model 123, Serial Number 123

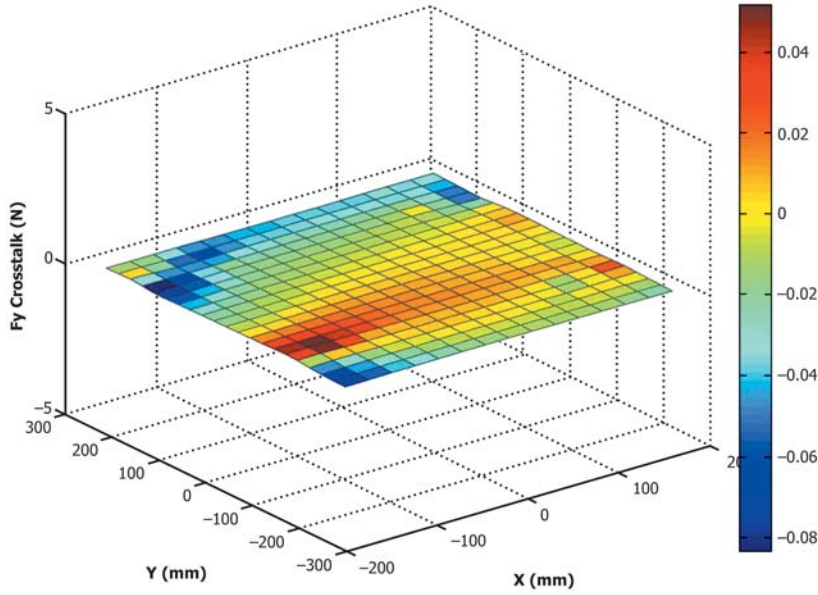


FIG. A1.3 Example of Fz to Fy Crosstalk on an x-y Surface Plot

COP X Position Verification  
 Applied Fz: 890 N (200 lb)  
 Force Platform Manufacturer 123  
 Model 123, Serial Number 123

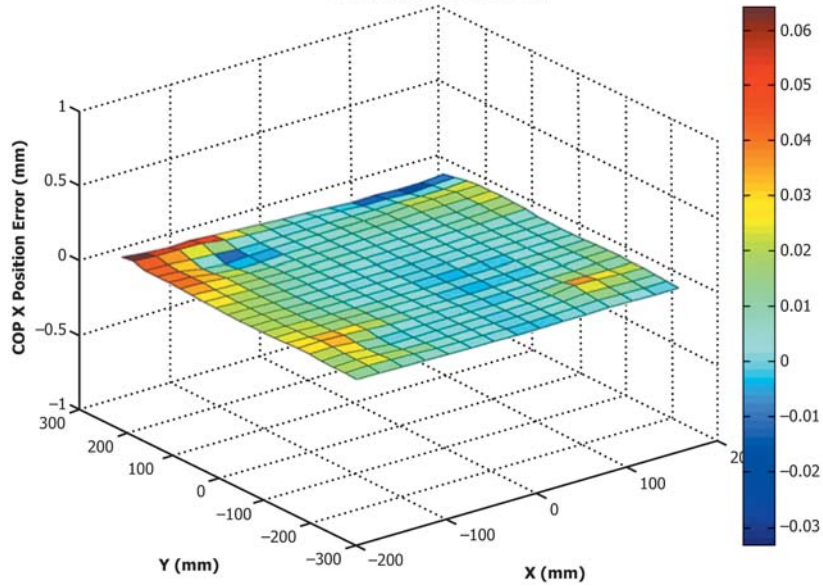


FIG. A1.4 Example of COP X Position Error on an x-y Surface Plot

COP Y Position Verification  
 Applied Fz: 890 N (200 lb)  
 Force Platform Manufacturer 123  
 Model 123, Serial Number 123

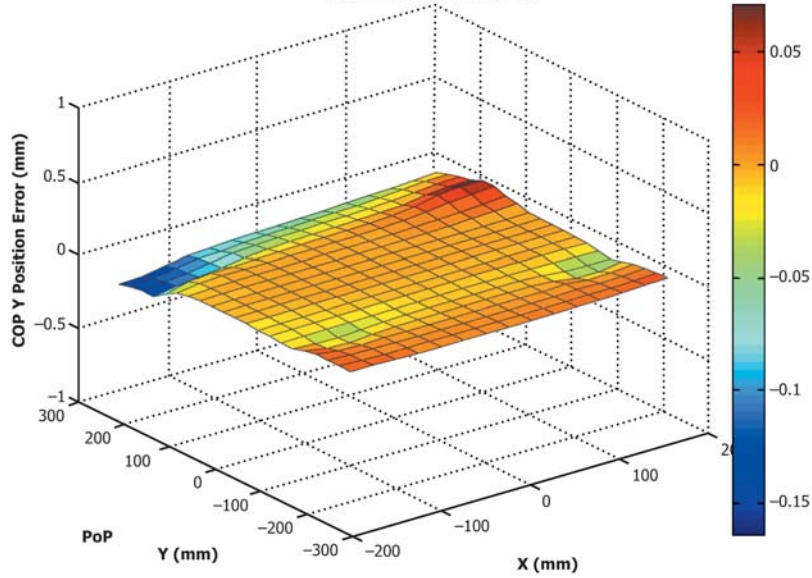


FIG. A1.5 Example of COP Y Position Error on an x-y Surface Plot



**APPENDIX**
**(Nonmandatory Information)**
**X1. EXAMPLE OF VERIFICATION ANALYSIS**

X1.1 Example of Fz Verification (small subset of full data set shown). See **Table X1.1**.

**TABLE X1.1 Example of Fz Verification<sup>A</sup>**

x position of applied Fz	y position of applied Fz	z position of applied Fz	Fz applied using force standard	Fz recorded	Error	Manufacturer's specification for Fz accuracy	Verified?
160mm	-120mm	(not applicable)	222.4N	222.5N	0.1N	±8.9N	Yes
160mm	-120mm	(not applicable)	444.8N	445.2N	0.4N	±8.9N	Yes
160mm	-120mm	(not applicable)	889.6N	890.4N	0.8N	±8.9N	Yes
160mm	-120mm	(not applicable)	1334.4N	1335.7N	1.3N	±8.9N	Yes
160mm	-120mm	(not applicable)	4448N	4452N	4N	±8.9N	Yes

<sup>A</sup> Fz full scale = 4448N; Fz accuracy = ±0.2% of full scale.

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