



Standard Specification for Relationship Between a Person (Consumer) and a Supplier of an Electronic Personal (Consumer) Health Record¹

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1. Scope

1.1 This specification covers the relationship between a person (consumer), organization, or custodian (or other authorized representative) and a managing (storing) organization (such as a web site or other organization). However, web-based personal (consumer) health records that are created by health-care providers or health plans are not within the scope of this specification. Further, this specification will not address personal (consumer) health records (PCHR) that are created and managed by patients on paper records, on personal computers, or on other media offline.

2. Referenced Documents

2.1 Other References:

Internet Healthcare Coalition²

Health on the Net (HON)³

Federal Trade Commission FTC⁴

Hi Ethics Alliance⁵

MedCertain⁶

American Medical Association Guidelines for Medical and Health Information Sites on the Internet⁷

AHIMA E-health Tenets⁸

URAC (also known as the American Accreditation HealthCare/Commission)⁹

3. Terminology

3.1 Definitions:

3.1.1 *consumer*—the person who provides information to be stored by the personal (consumer) health record (PCHR) supplier.

3.1.2 *disclosure statement*—a prominent notice that describes an organization's policies in order to enable a person to decide whether (s)he can trust this organization with health information.

3.1.3 *Gramm-Leach-Bliley Act*—federal legislation enacted in 1999 as part of the Financial Services Modernization Act that specifies for web activities that “opt-out” is the norm.¹⁰

3.1.4 *individually identifiable health information*—information that is a subset of health information, including demographic information collected from an individual, and that: (1) is created or received by a healthcare provider, health plan, employer, or healthcare clearinghouse; and (2) relates to the past, present, or future physical or mental health or condition of an individual; the provision of healthcare to an individual; or the past, present, or future payment for the provision of healthcare to an individual; and (I) that identifies the individual; or (2) with respect to which there is a reasonable basis to believe the information can be used to identify the individual. **HIPAA¹¹**

3.1.5 *patient health record (PHR)*—the primary legal record created and maintained by the healthcare provider documenting the healthcare services provided to a person, in any aspect of healthcare delivery. This term is synonymous with medical record, health record, patient care record (primary patient care record), client record, and resident record. The term includes routine clinical or office records, records of care in any health-related setting, preventive care, wellness, lifestyle evaluation, research protocols, special study records, and various clinical databases. The records may be in paper-based or electronic form.

3.1.6 *personal (consumer) health record (PCHR)*—an electronic application through which individuals can maintain and manage their health information, and that of others for whom they are authorized, in a private, secure, and confidential environment that allows the individual or other authorized persons to access and share such information.

¹ This specification is under the jurisdiction of ASTM Committee E31 on Healthcare Informatics and is the direct responsibility of Subcommittee E31.28 on Electronic Health Records.

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² <http://www.ihealthcoalition.org/>

³ <http://www.hon.ch/HONcode/Conduct.html>

⁴ <http://www.ftc.gov/reports/privacy3/fairinfo.htm>

⁵ <http://www.ihealthcoalition.org/ethics/ethics.html>

⁶ <http://www.medcertain.org/>

⁷ <http://www.ama-assn.org/ama/pub/category/1905.html>

⁸ www.ahima.org

⁹ www.urac.org

¹⁰ For a summary of the act, see www.senate.gov/~banking/conf/grmleach.htm.

¹¹ Information on legislation and standards can be found at <http://aspe.hhs.gov/admsimp>.

3.1.7 *personal (consumer) health record (PCHR) supplier*—the company or organization that maintains or manages, or both, the personal (consumer) health record (PCHR) online service.

3.1.8 *personal identifiable information (PII)*—individually identifiable information about an individual collected online, including: (1) a first and last name; (2) a home or other physical address, including street name and name of a city or town; (3) an e-mail address or other online contact information, including but not limited to an instant-messaging user identifier, or a screen name that reveals an individual’s e-mail address; (4) a telephone number; (5) a Social Security number; (6) a persistent identifier, such as a customer number held in a cookie or a processor serial number, where such identifier is associated with individually identifiable information; or a combination of a last name or photograph of the individual with other information such that the combination permits physical or online contacting; or (7) information concerning the child or the parents of that child that the operator collects online from the child and combines with an identifier described in this definition.

COPPA¹¹

NOTE 1—This standard is based on the current Gramm-Leach-Bliley Act which specifies “opt-out” as the standard for e-commerce (and e-health) in the United States. The alternative of “opt-in” was considered for this standard but has not been adopted because it would not conform to current e-health legal considerations, practices, and accepted industry thinking.

4. Significance and Use

4.1 The purpose of this standard is to provide guidance to consumers, suppliers of PCHR applications, and the public at large regarding the PCHR. Because the PCHR is distinct from the provider-based PHR, the laws and conventions for provider-based patient health records may not apply to the PCHR.

5. Terms and Conditions

5.1 The PCHR supplier shall allow a consumer or other authorized individual easy access at any point in the PCHR application to the policies and standards to which the PCHR supplier site adheres, as well as their associated charges, if any.

6. Privacy, Security, and Confidentiality Notice/ Awareness / Disclosure of Policies

6.1 The PCHR supplier shall disclose its policies for establishing authorization to create, maintain, or access a PCHR for an individual other than the consumer and its policy for allowing the consumer to rescind such authorization by clearly identifying:

6.1.1 The entity collecting the data (PCHR supplier);

6.1.2 The uses to which the data will be put;

6.1.3 The recipients of the data; and

6.1.4 The steps taken by the data collector to ensure the confidentiality, integrity, and quality of the data.

6.2 The PCHR supplier shall also identify applicable consumer rights, including any choice respecting the use of the data, the ability of the consumer to contest inaccuracies; the availability of redress for violations of the practice code; and how such rights can be exercised.

6.3 Such a disclosure shall be clearly stated, shall be posted in a prominent location, and shall be readily accessible from both the site’s home page and any Web page where information is collected from the consumer. It gives consumers meaningful and effective notice of what will happen to the personal information they divulge.

6.4 The PHR supplier shall state its policies regarding its sharing and use of information from an individual’s PHR (for example, are there any conditions under which individually identifiable information is made available to or used by third parties?). PCHR suppliers shall also state their policies regarding access to the consumer’s PHCR by others than the consumer, for example, how a child’s record is handled when the child reaches the age of majority, and how an individual gains authorization to serve as custodian to a parent’s record when that parent is no longer competent to do so himself or herself.

6.5 Choice/Consent:

6.5.1 The PCHR contains both personal identifier information (PII) and individually identifiable health information (IIHI). The standard for PII is generally used as opt-out, meaning that a consumer must specifically request that such information is not shared.

6.5.2 For IIHI, PCHR suppliers shall allow consumers to choose if and how any personally identifiable information collected from them may be used. These choices shall be presented in a manner requiring that the consumer give specific permission for use of such data. Options for secondary uses of information shall be provided, that is, uses beyond the PCHR storage and management application. Such secondary uses may be internal, such as placing the consumer on a sponsor’s or other organization’s mailing list in order to market additional products or promotions, or external, such as the transfer of information to third parties.

6.6 Access/Corrections:

6.6.1 A PCHR supplier shall provide the consumer with the ability to access data within the PCHR in order to verify its correctness or to contest its accuracy and completeness, or both. Access policies shall describe the turnaround time related to such requests (time from request to access), shall specify associated charges, and shall include instructions for contesting and correcting inaccurate or incomplete data.

6.6.2 The PCHR supplier shall disclose its policies regarding when and how the PHR data may be accessed. In particular, a PCHR supplier shall provide instructions for the consumer on how to get a copy.

6.7 *Integrity*—A PCHR supplier must be able to assure data integrity through audit trails and other security methods and shall disclose its quality assurance policies regarding maintenance of data integrity. PCHR information must be captured following defined procedures and must be stored in such a way that it cannot be tampered with or distorted. A PCHR supplier’s policies shall describe how additions, deletions, and updates to PCHR data may be made and by whom (for example, what data is a consumer allowed to delete or modify and what data is a consumer’s healthcare provider allowed to delete or modify?).

6.8 *Retention*—The PCHR supplier’s disclosure statement shall state the length of time that the information will be stored and maintained. The policy on data deletion shall also be disclosed (for example, how does the PCHR supplier address deletion of data on electronic backup files?). If information is to be deleted after inactivity, the consumer shall be notified in advance and given options of transferring such information elsewhere.

6.9 *Succession*:

6.9.1 The PCHR supplier’s disclosure statement shall state how it will manage PCHR data in the event of the supplier’s merger, acquisition, or dissolution. A PCHR supplier shall make reasonable attempts to notify the consumers about corporate or organizational changes.

6.9.2 The PCHR supplier shall disclose a policy for transferring one’s information to another site.

6.10 *Security*:

6.10.1 The PCHR supplier shall disclose its policies for maintaining the physical security of PCHR data (for example, is there a duplicate copy of the data stored off site?).

6.10.2 The PCHR supplier shall establish and disclose its managerial and technical measures to protect against loss, unauthorized access, destruction, use, or disclosure of the consumer data it stores and manages. Managerial measures include internal organizational measures that limit access to data and ensure that those individuals with access do not use the data for unauthorized purposes. Technical security measures to prevent unauthorized access include encryption in the transmission and storage of data; limits on access through use of passwords or, other security measures, or both; and the storage of data on secure servers or computers that do not allow unauthorized access.

6.10.3 A PCHR supplier shall disclose the extent of data mining.

7. Consumer Rights

7.1 In a PCHR application, a consumer has the right to know about the following:

7.1.1 The PCHR supplier’s business model or a general outline of how its revenues are generated;

7.1.2 How PCHR information is handled;

7.1.3 How to get a copy of the PCHR;

7.1.4 The extent of data mining, whether it is in aggregate or de-identified form, as well as options for opting-out of such data mining activities;

7.1.5 PCHR supplier’s privacy policy;

7.1.6 Options for transferring the PCHR to another supplier or elsewhere;

7.1.7 Provisions for identifying the audit trail for access to the consumer record when suppliers change and when changes occur in the business enterprise under which the supplier and record keeper operates; in case the business enterprise changes, the reissuance of privacy statements and positive reconfirmation of postal and mail address by the consumer following any corporate changes is recommended; and

7.1.8 How to request deletion or destruction, or both, of a personal file at a PCHR supplier’s system.

8. PCHR Data Portability

8.1 The PCHR supplier shall disclose its capabilities for accommodating usable transfer of data if the consumer so requests. For example, can the consumer receive, on demand, the complete content of the PCHR in a legible and usable form via electronic transfer, paper, or other media, such as CD?

9. Use of Patient Information

9.1 The PCHR supplier shall not disclose or use any PCHR information without explicit consent of the consumer, either upon enrollment or subsequently. If the PCHR supplier wants to use such information for any purpose, such purposes shall be listed as part of any consent. Such consent shall require positive entry by the consumer and shall not be a default value.

9.2 The PCHR supplier shall disclose its planned or potential use of de-identified information (for example, information that has been stripped of data that would allow it to be linked to the consumer) for data analysis, aggregation, and reports in the general terms and conditions of its agreement with the consumer. The consumer shall have an opt-out option in regards to such use, that is, the consumer shall be given the option to not be included in the PCHR supplier’s planned or potential use of de-identified information for data analysis, aggregation, and reports.

9.3 The PCHR supplier or its successor or any other entity obtaining the consumer’s health information shall not change any of the terms for disclosure or use of individually identifiable information without the explicit notification and approval of the consumer. The PCHR supplier or its successor, or any other entity obtaining the consumer’s health information, may change use of de-identified information upon good faith notice to consumer (for example, post on Web site, e-mail, regular mail).

9.4 *Service Provided by the PCHR Supplier*:

9.4.1 The PCHR supplier shall provide the services that are described in its disclosure statements, including online availability of the PCHR for viewing, editing, and other functions.

9.4.2 The PCHR supplier shall protect the consumer’s privacy, limit access only to authorized users, and maintain the accuracy and integrity of data as entered by the consumer while providing service and in the event of discontinuation of PCHR services by the PCHR supplier.

9.4.3 The PCHR supplier shall disclose any limitations to its policies and must disclose the limits of its liabilities in providing PCHR services.

9.4.4 The PCHR supplier shall provide to the consumer a timely notice of any substantive changes to its terms and conditions. Such notice shall advise the consumer that he or she may choose to end his or her PCHR service if such changes are not acceptable.

9.4.5 The PCHR supplier has a general obligation to post a general statement as to how revenues are generated.

9.5 *Notice by PCHR Supplier to Consumer*—In the case of any change to the conditions under which individually identifiable information is to be used, the PCHR supplier shall obtain explicit approval as noted above. In the case where such explicit approval is not obtained, the PCHR supplier may not change its disclosure terms in respect to this consumer. In such

case, the PCHR supplier may end its PCHR service. In the case of all other changes to terms and conditions, the PCHR supplier shall make a bona fide effort to notify the consumer. Such efforts could include e-mail notification or regular mail. The consumer has a responsibility to keep his or her contact information current and to inform the PCHR supplier of

changes. Except in the case of change in conditions for disclosing individually identifiable information, failure of the consumer to keep current an e-mail address for notification purposes, if so required by the PCHR supplier's terms and conditions, can be construed as acceptance of the changes to the PCHR supplier's new terms and conditions.

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